



# INTERNATIONAL STUDENT GUIDE





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# ISEN VOCATIONAL TRAINING



Calle Real, 68,  
30201 Cartagena  
Murcia, España



# ISEN UNIVERSITY



Calle Menéndez  
Pelayo, 8  
30204 Cartagena  
Murcia. España

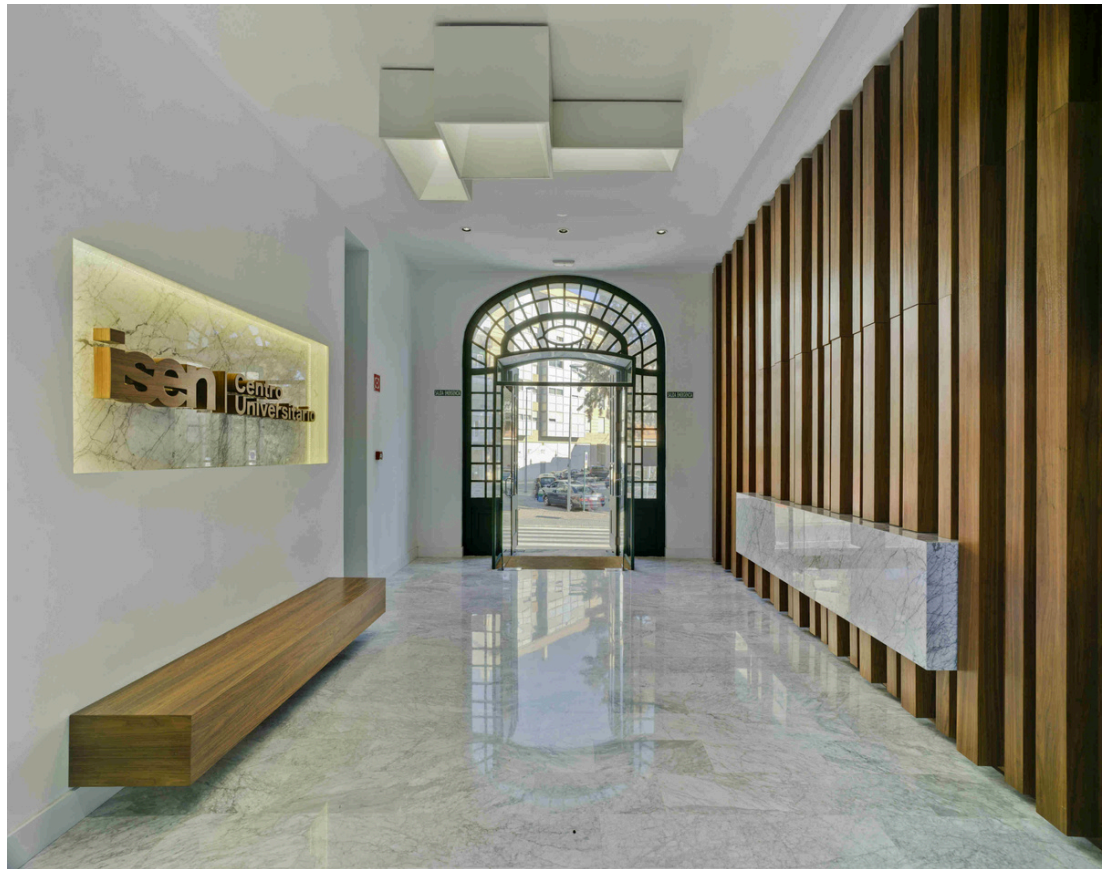


# SECRETARY'S OFFICE

## HOURS

9:00h - 14:00h

16:00h - 19:00h



Contacto : [dptointernacional@isenfp.com](mailto:dptointernacional@isenfp.com)

# SWEATSHIRTS



If you still don't have your ISEN sweatshirt, you can buy it at the secretary's office. Limited stock available, so don't miss out !



# SERVICES ON CAMPUS



Library : Loan of books and LEO (Online electronic books)



Cafeteria : Breakfast, sandwiches and snacks...  
Follow @cantina.isen on Instragam !



Laptops: Request one at the secretary's office



Conference room



Rest area



Science laboratory



Art room



Music and dance room



WIFI

All students have access to free WIFI on campus :

User : ISEN-FP

Password : WIsen2021//

# ACTIVITIES WITH ERASMUS STUDENTS

The Erasmus Student Network (ESN) is a University Association which helps international students become involved in local life and with the community, organizing different activities such as gatherings in coffee shops, parties, excursions ect.

You do not necessarily have to be an Erasmus student in order to become a member or take part in the activities.

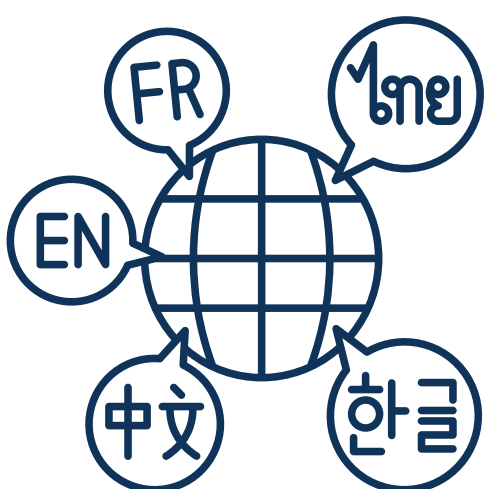
 [@esncartagena](#)

 [Erasmus Student Network Cartagena](#)

## LANGUAGE EXCHANGE

“Broken Coffee” is a weekly language exchange activity from the Language Exchange program of the Youth Department of Cartagena and the Erasmus Student Network (ESN).

Activities are organised to live an international experience and to get closer to different European cultures and languages, all without leaving Cartagena.



Join the official “Broken Coffee”  
WhatsApp group [here](#) so you  
don't miss anything !

# SPORTS

The City Council of Cartagena offers the possibility to practice a wide range of sports in different sport facilities throughout the city with the aim of promoting a healthy and fit lifestyle.

**<https://deportes.cartagena.es/>**

- The closest beach is Cala Cortina it is 4 km away, a 45 min walk from the centre and you will find a restaurant there.
- The best-known beach areas are La Manga and Cabo de Palos, about 30km away from Cartagena. You can take the bus to go there
- You can find here the best hikes around Cartagena
- Sport Centre Ilusion offer a vast variety of activites for everyone : football, tennis, padel, zumba, pilates, yoga... their website
- If you want to go to the gym, Viva Gym is a good option : their website
- You can go climbing at the boulder gym near the shopping centre. Follow @bouldertopia.cartagena on Instagram

# CITY'S AGENDA

To find out more about events in Cartagena and in the region, check out these instagram pages :

[@aytocartagenaes](#)

[@murcia.notificationes](#)

[@quehacercartagena](#)

## RESTAURANTS/CAFES

- [La Uva Jumillana](#) and [Bodega La Fuente](#), on Calle Jara. They have a drink + tapa offer for less than 3€\*. [Their menu.](#)
- [100 Montaditos](#) is a chain restaurant that offers mini sandwiches. On Wednesdays and Sundays they only cost 1€\*.
- [La Malaka](#) offers brunches and gluten free cakes.
- [El soldadito de Plomo](#) is the cafe where the ESN Language Exchange takes place, they have coffee, drinks, cocktails, cakes and crepes.
- [CafeLab](#) is the perfect place to do some work, alone or with friends. They have a large menu : coffee, drinks, cakes, toast...



# HOW TO ARRIVE TO CARTAGENA:

## AIRPORTS NEARBY

- Región de Murcia International Airport

37 km from Cartagena  
[their website](#)

A taxi from the airport to  
Cartagena costs between  
50-65 €\*.

- Alicante-Elche Airport

117 km from Cartagena  
[their website](#)

The easiest way to get to  
Cartagena from Alicante airport is  
to take a bus. [The schedule](#)

## TRAIN STATION NEARBY

- Train Station in Cartagena

[Plaza de Méjico 2.](#)  
[30203 Cartagena](#)

- Train Station in Murcia

[Plaza de la Industria s/n.](#)  
[30002 Murcia](#)

## BUS STATION NEARBY

- Bus Station in Cartagena

[Av. Trovero Marín, s/n.](#)  
[30202 Cartagena](#)

- Bus Station Murcia

[Calle Sierra de la Pila, nº 3](#)  
[30005 Murcia.](#)

# GETTING AROUND CARTAGENA:

## BUS:

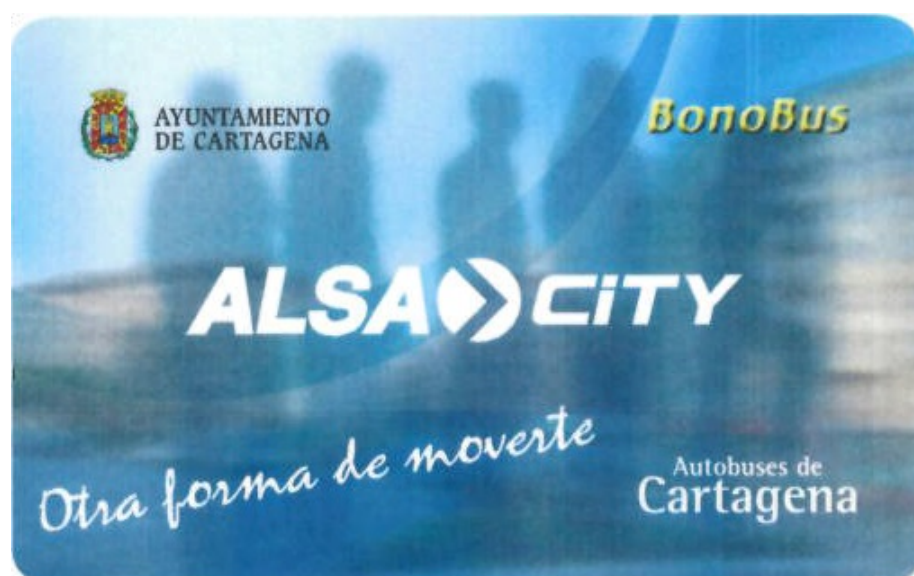
Cartagena offers a lot of urban and interurban bus routes which give you the possibility to get around the city centre as well as easy access to the surrounding beaches and villages.

<http://www.cartagena.es/ALSA/linea1.asp>

You buy the bus tickets directly on the bus, cash only.

A ticket is 1€20\*.

You can get a "bonobus" for 5€\* (directly on the bus too) and load money on the card, then every ride is 30cts\*.



## FEVE

To get to multiple neighbouring villages, there is a local train called "Cercanías Cartagena-Los Nietos"

Plza. del Almirante Bastarreche, 30202 Cartagena



[website](#)

\*The prices indicated for bars, buses, etc., may change and are not within our control.



# GETTING AROUND CARTAGENA:

## TAXI

There are various taxi companies, you can easily find them around the centre. (Plaza San Francisco, Paseo Alfonso XII...)

There is one just three minutes away walking from ISEN in Plaza de España.

In addition, you can call a taxi to request a pickup from a specific point

The different companies are: .



### **TELE-TAXI**

+34 968 53 13 13



### **UNIÓN RADIO TAXI CARTAGENA**

+34 968 31 15 15 / +34 968 52 04 04



### **RADIO TAXI LA MANGA**

+34 968 56 38 63 / +34 968 14 5000

# ACCOMODATION

If you want to live with other students the MiCampus Residence is your best option. The residence has single, double and triple rooms, dining room service, common rooms, study rooms and recreational areas. You can find all the information about prices, reservations and services on [their website](#).

If you have not yet found an apartment the first few days you are in Cartagena you can stay at [LoopINN Cartagena](#) , a hostel in the city centre.

Other useful websites :

- [Cuvi](#)
- [Idealista](#)
- [Fotocasa](#)



## ▷ Residencia universitaria en Cartagena | micampus

¿Buscas un colegio mayor o una residencia para estudiantes en Cartagena? ¡Descubre nuestro alojamiento universitario micampus!

📍 micampus Residencias Universitarias / Sep 19, 2023



## idealista — Casas y pisos, alquiler y venta. Anuncios gratis

¿Buscas casa? Con idealista es más fácil. Más de 1.400.000 anuncios de pisos y casas en venta o...

 [idealista.com](https://www.idealista.com)



## Alquiler de pisos, compra y venta

Más de 1.500.000 pisos en venta y alquiler, casas y apartamentos nuevos o de segunda mano. Vende ...

 [fotocasa.es](https://www.fotocasa.es)



# IN CASE OF EMERGENCY

## IMPORTANT TELEPHONE NUMBER

- 112 is the number for assistance in the event of any type of health emergency (Ambulance), fire (Firefighters) and/or public safety (Police and Civil Guard).

## HOSPITALS AND HEALTH CENTRES

For emergencies :

- Santa María del Rosell General University Hospital.

Located on Paseo Alfonso XIII, you can walk, take a bus or taxi.

- Santa Lucía University General Hospital.

You need to take line 18 or a taxi to get there.

For daily medical needs :

If you belong to the European Community and have your European Health Card, you must go to the health center that corresponds to your area and request transportation to that Health Center. You will be assigned a doctor and you can make an appointment with your doctor whenever you need it.

If you do not belong to the European Community or do not have your European Health Card, you should talk to your insurance so they can tell you where to go.

HOY EMPIEZAN  
LOS MEJORES  
AÑOS DE TU VIDA